

COST OF SERVICES

All costs are per person, group rates available.

AHA Basic Life Support CPR.....	\$75
AHA Heartsaver First Aid/CPR/AED.....	\$75
Basic Wraparound.....	\$300
..... or \$70/session	
Beginning TBS.....	\$300
In-Vivo Shadowing.....	\$150
Residential Child and Youth Care	
Professional.....	\$500
Special Incident Reporting.....	\$125
Youth Mental Health First Aid.....	\$350



WHO WE ARE

About Us

Bayfront Youth & Family Services is a quality provider of behavioral and mental health treatment services for children, adolescents, and their caregivers. Our mission is to provide a comprehensive support system that promotes safe and nurturing environments. Support the family, support the child.

Fostering community connection for all.

Contact Us

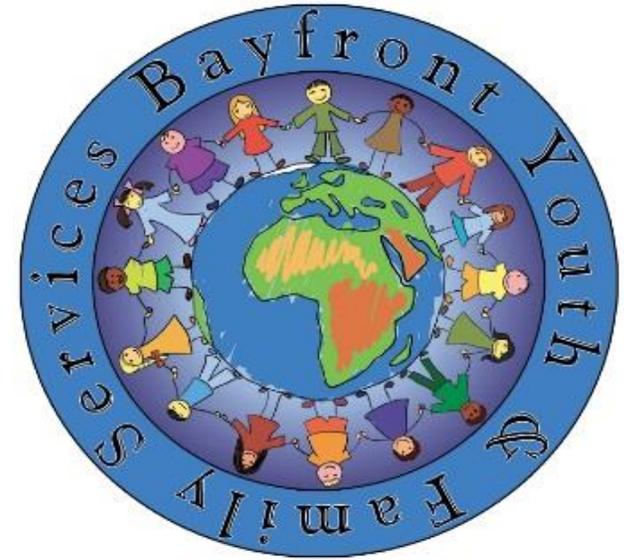
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BAYFRONT YOUTH & FAMILY SERVICES TRAINING ACADEMY
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Long Beach, California 90807



**BAYFRONT YOUTH
&
FAMILY SERVICES
TRAINING
ACADEMY**

*Changing Lives is
What We Do*

"The trainings are engaging and the trainer is very personable."

Facilitator, Aspiranet

Course Descriptions

AHA Basic Life Support CPR

Days: One Hours: 4

The Basic Life Support (BLS) Healthcare Provider Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner for the adult, child or infant.

AHA Heartsaver First Aid/CPR/AED

Days: One Hours: 4

This hands-on skills training prepares you to respond to breathing and cardiac emergencies. It also teaches the skills and knowledge needed to provide care for victims of sudden cardiac arrest through the safe use of an automated external defibrillator (AED). The class teaches:

- Adult CPR/AED
- Child CPR/AED
- Heimlich Maneuver

Basic Wraparound Training

Days: Four Hours: 7/day

This four day training is designed to introduce the concepts of the Wraparound process and elements of the core practice model that provide the foundational tools for high fidelity Wraparound. The Wraparound Basic Training is divided into 7, half-day modules. The modules are:

- Elements of Wraparound
- Team Building/Resource Planning
- Facilitating Change Pt. 1
- Facilitating Change Pt. 2
- Role of the Child & Family Specialist
- The Role of the Parent Partner
- Role of the Clinician



Beginning Therapeutic Behavior Services

Days: Four Hours: 7/day

This four day training is designed to teach adults how to help children/youth and their parents/caregivers (when available) manage serious emotional challenges/behaviors utilizing short-term, measurable goals based on the child' and family's needs. This training will introduce the basic concepts of the Therapeutic Behavior Services and introduce the foundational elements to understanding behavior. The TBS training is divided into seven (7) modules. The modules are:

- TBS Basics
- Understanding Behavior
- ABCs of Behavior
- Observing Behavior & Data Collection
- Interventions
- Documentation
- Transfer of Services

Residential Child and Youth Care Professional

Days: Two Hours: 8/day

The RCYCP training is designed to help improve the quality of residential care for children and youth by strengthening the skills of the direct care professionals who are responsible for the daily nurturing, care, and discipline of the children placed in residential facilities. The modules are:

- Developing a Culture of Care
- Understanding Child Development
- Building Relationships
- Teaching Discipline

"I really enjoyed the training; everything was explained in a way that was relatable."

Clinician, Masada Homes

Special Incident Reporting

Days: One Hours: 4

This SIR training will teach students the fundamentals of proper incident report writing. Students will learn the common mistakes in writing incident reports and how to better utilize language to effectively describe an incident.

Youth Mental Health First Aid

Days: One Hours: 8

The Youth Mental Health First Aid course is designed to teach adults how to assist adolescents who may be in early stages of developing a mental health problem or in a mental health crisis. Course participants learn about adolescent development, the signs and symptoms of the common and disabling mental health problems in young people, where and how to get help when a young person is developing a mental illness, what sort of help has been shown by research to be effective, and how to provide first aid in a crisis situation.

Developing mental health problems covered are:

- Depression
- Anxiety problems
- Psychosis
- Substance use problems
- Eating disorders

Mental health crisis situations covered are:

- Suicidal thoughts and behaviors
- Non-suicidal self-injury (sometimes called deliberate self-harm)
- Panic attacks
- Traumatic events
- Severe effects of drug or alcohol use
- Severe psychotic states
- Aggressive behaviors