



The Bayfront Buzz



A very warm welcome to our newest members of the Bayfront Family. Carolina Hernandez began working in the field about 4 years ago in a boy's group home. She was previously a Child & Family Specialist and then a Therapeutic Behavioral Services (TBS) Coach. She enjoys hiking, movies, watching her son grow and spending time with family. Another new member to our team is Sabrina Viramontes, she recently graduated from UCS where she obtained her masters in Social Work and received her bachelors in social work from Whittier College. Prior to joining Bayfront, she worked as a senior social worker for the Orange County Children and Family Social Services. She loves spending time with her lab Sadie and happily attempts to live a healthier lifestyle!

We are excited to have you join the Bayfront family!



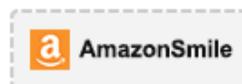
What's Happenin' at Bayfront?

Last month during the Wrap Council, staff, clients and their families enjoyed an afternoon with delicious food and activities that included making memory books and learning about emotional permanency. There were several stations to visit and enjoy the warm summer day. Wrap Council takes place every quarter to highlight the children and families' improvements and those who have successfully completed the program. A big thank you to the staff and their hard work who put this day together for the families!



Make a Difference!

We have several new ways you can donate through everyday shopping programs such Amazon Smile and e-Scrip E-waste recycling. For more information on how to support Bayfront, please contact Andrea Carrasco, Community Outreach Coordinator 562-595-8111 ext. 242 or andreac@bayfrontys.org



Important Dates

July 4, 2018	Independence Day *Bayfront Closed*
July 12, 2018	Parent Council Meeting 11:00am-12:30pm
July 25, 2018	Aguas Frescas NAMI Fundraiser 12:00pm-1:00pm 900 E. Wardlow Rd. Long Beach, Ca 90807
July 26, 2018	Parent Council Meeting 5:30pm-7:00pm
July 28, 2018	Long Beach Career, Community, & Wellness Resource Fair 9:00am-1:00pm 1703 Lemon Ave, Long Beach, Ca 90813

Employee Highlight

By: Leticia Espinoza

"I was given the opportunity to attend a four-day training presented by the Dibble Institute at the Santa Monica College. The training covered two topics: *Love Notes and Mind Matters*. Love Notes is an evidence based program model with a purpose of teaching young people at risk how to establish healthy romantic relationships, prevent dating violence and avoid unprotected sex. Mind Matters' objective is to provide young people the skills and practices in which promote healing as they build resilience and hope".

IMPORTANT!



Parent Partners throughout Los Angeles County will now be required to have certification. This certification comes by way through a 12-week training program taken within one year of hire. In this program, parents will learn the essentials of providing guidance to those parents and caregivers. For more information on how to become a Certified Parent Partner

Minority Mental Health Awareness Month

During National Minority Mental Health Awareness Month in July, the HHS Office of Minority Health will join partners at the federal, state, local, tribal, and territorial levels to help raise awareness about mental illness and its effects on racial and ethnic minority populations. According to the Substance Abuse and Mental Health Services Administration (SAMHSA):

- Over 70% of Black/African American adolescents with a major depressive episode did not receive treatment for their condition.
- Almost 25% of adolescents with a major depressive episode in the last year were Hispanic/Latino.
- Asian American adults were less likely to use mental health services than any other racial/ethnic groups.
- In the past year, nearly 1 in 10 American Indian or Alaska Native young adults had serious thoughts of suicide.
- In the past year, 1 in 7 Native Hawaiian and Pacific Islander adults had a diagnosable mental illness.

Despite advances in health equity, disparities in mental health care persist. The [Agency for Healthcare Research and Quality \(AHRQ\)](#) reports that racial and ethnic minority groups in the U.S. are less likely to have access to mental health services, less likely to use community mental health services, more likely to use emergency departments, and more likely to receive lower quality care. Poor mental health care access and quality contribute to poor mental health outcomes, including suicide, among racial and ethnic minority populations.

*For the full article, please visit the U.S. Department of Health & Human Services

<https://www.minorityhealth.hhs.gov/omh/content.aspx?ID=9447>